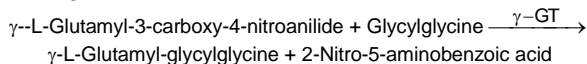


Quantitative determination of gamma-glutamyl transferase (γ -GT)
IVD

Store at 2-8°C

PRINCIPLE OF THE METHOD

Gamma-glutamyl transferase (γ -GT) catalyses the transfer of γ -glutamyl group from γ -glutamyl-p-nitroanilide to acceptor glycylglycine, according to the following reaction:



The rate of 2-nitro-5-aminobenzoic acid formation, measured photometrically, is proportional to the catalytic concentration of γ -GT present in the sample^{1,2}.

CLINICAL SIGNIFICANCE

Gamma-glutamyl transferase (γ -GT) is a cellular enzyme with wide tissue distribution in the body, primarily in the kidney, pancreas, liver and prostate. Measurements of gamma-glutamyl transferase (γ -GT) activity are used in the diagnosis and treatment of hepatobiliary diseases such as biliary obstruction, cirrhosis or liver tumours^{1,2,5,6}. Clinical diagnosis should not be made on a single test result; it should integrate clinical and other laboratory data.

REAGENTS

R 1 Buffer	TRIS pH 8,6 Glycylglycine	100 mmol/L 100 mmol/L
R 2 Substrate	L- γ -glutamyl-3-carboxy-4-nitroanilide	3 mmol/L

PREPARATION

Working reagent (WR)

Mix: 4 vol. (R1) Buffer + 1 vol. (R2) Substrate

Stability: 21 days at 2-8°C or 5 days at room temperature.

STORAGE AND STABILITY

All the components of the kit are stable until the expiration date on the label when stored tightly closed at 2-8°C, protected from light and contaminations prevented during their use.

Do not use reagents over the expiration date.

Signs of reagent deterioration:

- Presence of particles and turbidity.
- Blank absorbance (A) at 405 nm \geq 1,80.

ADDITIONAL EQUIPMENT

- Spectrophotometer or colorimeter measuring at 405 nm.
- Thermostatic bath at 25°C, 30°C or 37°C (\pm 0,1°C)
- Matched cuvettes 1,0 cm light path.
- General laboratory equipment.

SAMPLES

Serum¹. γ -GT is stable for at least 3 days at 2-8°C, 8 hours at 15-25°C and 1 month at -20°C.

PROCEDURE

- Assay conditions:
Wavelength: 405 nm
Cuvette: 1 cm light path
Constant temperature: 25°C / 30°C / 37°C
- Adjust the instrument to zero with distilled water or air.
- Pipette into a cuvette:

WR (mL)	1,0
Sample (μ L)	100

- Mix, wait for 1 minute.
- Read initial absorbance (A) of the sample, start the stopwatch and read absorbances at 1 minute intervals thereafter for 3 minutes.
- Calculate the difference between absorbances and the average absorbance differences per minute (Δ A/min).

CALCULATIONS

$$\Delta A/\text{min} \times 1190 = \text{U/L of } \gamma\text{-GT}$$

Units: One international unit (IU) is the amount of enzyme that transforms 1 μ mol of substrate per minute, in standard conditions. The concentration is expressed in units per litre of sample (U/L).

Temperature conversion factors

To correct results to other temperatures multiply by:

Assay temperature	Conversion factor to		
	25°C	30°C	37°C
25°C	1,00	1,37	1,79
30°C	0,73	1,00	1,30
37°C	0,56	0,77	1,00

QUALITY CONTROL

Control sera are recommended to monitor the performance of assay procedures: CONTROL Normal and Pathologic.

If control values are found outside the defined range, check the instrument, reagents and technique for problems.

Each laboratory should establish its own Quality Control scheme and corrective actions if controls do not meet the acceptable tolerances.

REFERENCE VALUES¹

	25°C	30°C	37°C
Women	4-18 U/L	5-25 U/L	7-32 U/L
Men	6-28 U/L	8-38 U/L	11-50 U/L

These values are for orientation purpose; each laboratory should establish its own reference range.

PERFORMANCE CHARACTERISTICS

Measuring range: From detection limit of 2 U/L to linearity limit of 300 U/L.

If the results obtained were greater than linearity limit, dilute the sample 1/10 with NaCl 9 g/L and multiply the result by 10.

Precision:

	Intra-assay (n=20)		Inter-assay (n=20)	
	Mean (U/L)	SD	Mean (U/L)	SD
Mean (U/L)	38,3	190	40,1	198
SD	0,39	0,53	0,82	2,30
CV (%)	1,03	0,28	2,05	1,16

Sensitivity: 1 U/L = 0,0008 Δ A/min.

Accuracy: Results obtained using Audit Diagnostics reagents (y) did not show systematic differences when compared with other commercial reagents (x).

The results obtained using 50 samples were the following:

Correlation coefficient (r)²: 0,99990.

Regression equation: y = 1,334x - 1,493.

The results of the performance characteristics depend on the analyzer used.

INTERFERENCES

Plasma should not be used, anticoagulants inhibit the enzyme. Gross haemolysis interferes in the assay¹.

A list of drugs and other interfering substances with γ -GT determination has been reported^{3,4}.

NOTES

Audit Diagnostics has instruction sheets for several automatic analyzers. Instructions for many of them are available on request.

BIBLIOGRAPHY

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